



#### Mission Statement:

To inspire people through Karate-do, to provide the best in all aspects of Karate being Martial Art, Sport, Self Defence and Physical Fitness.

## Important Dates

**JANUARY 28TH**

**10:30-2:00**

**Dojo Open House**

# ICKF NEWSLETTER

INTERNATIONAL CHITO RYU  
KARATE & FITNESS

JAN, 2012

## JANUARY PROMOTION

We hope that everyone had a fantastic Holiday Season! As a special new year promotion any new student who registers before the end of January will receive a free uniform. We will also be holding an open house on Saturday January 28<sup>th</sup> from 10:30-2:00. If you know of anyone who might be interested in Karate please let them know about the free uniforms and open house. Potential students are also able to set up a free trial class. Thank you for your support.

## 4 ICKF STUDENTS MAKE ONTARIO PROVINCIAL TEAM

Karate Ontario hosts the provincial grand prix; a series of tournaments that selects the top two competitors in the elite divisions to qualify to be members of the Ontario karate team. These athletes will represent Ontario at the Karate Canada National Championships. This year's Nationals will be held in Richmond B.C. at the Olympic Oval from March 16-18<sup>th</sup>. Four long time ICKF students made the Ontario Team in their respective kumite divisions and will be heading to B.C.

Dylan Creaney and Marika Gumienny will be competing at their second Nationals, while Chris Burke will be competing at his seventh. Special congratulations go out to Liam Martin who made the team by winning every grand prix tournament this year in his weight class; this will also be Liam's first Nationals. Congratulations and good luck to everyone! Sensei Ed will also be at the Nationals as a coach of the Ontario provincial team.

## CONGRATULATIONS NEW BLACK BELTS

Two long time ICKF students took an important step in their karate training on December 17<sup>th</sup>. Sami Iannuzzi and Dylan Creaney passed their Sho Dan (1<sup>st</sup> degree black belt) grading. The Black Belt grading is tested by Hanshi Shane Higashi 9<sup>th</sup> Dan Grand Master of Chito Ryu Karate Do and head of the Canadian Chito Ryu Karate Association. The Black Belt symbolizes an ability to perform the techniques properly and demonstrate that the student now has the ability to truly learn Chito Ryu Karate. The Black Belt is a new beginning and indicates that the student is ready to learn the more advanced techniques. Sami and Dylan both trained in the children's program at ICKF and then moved into our adult program. Congratulations on this important step in your training!

## Safety Rules & Housekeeping Reminders:

1. Children are not allowed to enter the change room while classes are in session. The change room is not a play room. Students must treat their dojo with respect.
2. No gum can be brought into the Dojo.
3. When picking up children please ensure that the adult enters the dojo to collect them. Also, all students must remain in the dojo until the adult picking them up comes in.
4. ICKF is a nut free and banana free environment. Please refrain from bringing nuts or products containing nuts and bananas into the Dojo.
5. Sparring is only to be done in the Dojo and only when the Instructor allows it. Students are not to spar at home (or anywhere else) with their siblings or friends.

### CANADIAN CHITO RYU KARATE CHAMPIONSHIPS AUGUST 2012 (SAVE THE DATE)

On August 3<sup>rd</sup> to 5<sup>th</sup>, the Canadian Chito Ryu Karate Association will be hosting the Canadian Chito Ryu Karate Championship. This event is intended to be a big event with competitors coming to compete from other provinces as well as potential competitors from Japan and Romania. I would like to bring a big team to this event as this will be a very special tournament and opportunity for ICKF students to compete against other Chito Ryu students from other provinces.

I am told that this event will have the eliminations for juniors on the Friday, August 3<sup>rd</sup> and the eliminations for adults on Saturday, August 4<sup>th</sup> (morning) and the finals for all events on Saturday afternoon. Sensei Higashi will be holding special clinics for everyone on the Sunday. This Clinic will be an excellent opportunity for everyone to get the opportunity to take part in a great event. The Canadian and Ontario Chito Ryu Associations will need volunteers so if anyone is interested in volunteering to help work the tables at the competition a signup sheet will be posted on the notice board.

### ONTARIO SUMMER GAMES - AGE 14-15 ELITE DIVISION ATHLETES AUGUST 2012 (SAVE THE DATE)

The Ontario Summer Games is a multi-sport event being held August 16<sup>th</sup>-19<sup>th</sup>, 2012. This event is for 14-15 elite division athletes who are attempting to be members of the 2013 Ontario Karate team. The Ontario Summer Games is like an Olympics for 14-15 year olds. Athletes will be selected from different geographical areas in Ontario.

Karate Ontario will be holding a selection tournament to qualify a selected number of athletes from the GTA to compete at the Summer Games. This means that athletes trying out for the 14-15 age elite division for the 2013 season should be competing in this selection. Therefore an athlete may be 12 or 13 currently, but might be 14 or 15 by the cut off dates for the 2013 Karate Canada age rules. This notice is for people who are serious about getting involved with elite level competition (divisions are for green belts and up only). The Ontario Summer Games is being held in Toronto this year. Additional information is available about the games at [www.ontariosummergames.ca](http://www.ontariosummergames.ca).

**Reminder:** Please remember to check the Membership Renewal Book for the renewal dates for yourself or your child's membership. All memberships must be paid on time.